

# Heroes and Heroines

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## Quiet Heroes and Heroines

**NAME:**

**DATE:**

Many of the characters in this lesson were “action” heroes who showed their skill, integrity, or bravery by physically overcoming obstacles. But consider the many heroes/heroines who achieved their goals quietly.

On this sheet of paper:

1. Make a list of some quiet heroes/heroines from this century, e.g., Martin Luther King, Jr. or Eleanor Roosevelt.
2. Choose one quiet hero or heroine and write a few paragraphs on what makes him or her heroic.

On a separate sheet of paper:

3. Draw a scene from the hero's life to use as an illustration when you present your findings to the class.