Seated at the table in a darkened room, an old woman leans her head on the back of her hand, dozing over her Bible. Her right hand, vaguely distinguishable in the shadow, rests on the book and holds her reading spectacles. Three large keys hang from a nail in the molding on the wall. The mood of the painting is somber and quiet. The light that falls on her face from the upper left also illuminates the keys, book, and red tablecloth, but most of her body and background are thrown into deep shadow.

Maes explored the theme of a sleeping woman a number of times in the mid-1650s, shortly after he left Rembrandt’s studio. Invariably these paintings have an admonitory character, for the woman is always shown dozing off instead of fulfilling her duties and responsibilities. In The Idle Servant of 1655 (National Gallery, London), Maes made his point by having a second woman gesture reprovingly toward the irresponsible servant. [1] Dirty pots and pans lie at the woman’s feet, and behind her a cat steals a chicken. As if the point needed reinforcement, Maes also placed the sleeping maid in a pose that was well known as a representation of Acedia (Sloth) [fig. 1]. He clearly intended to convey a comparable message in his representations of women dozing over their books, particularly when the book was the Bible.

The book in the National Gallery of Art painting can be identified as a Bible through comparison with a related painting in Brussels [fig. 2], in which this same Bible lies opened to the first page of the Book of Amos. Throughout most of this passage, God declares how he will no longer overlook the misdemeanors of the Israelites.
and that He intends to punish them the same as everyone else. Reinforcing the message that the woman's behavior cannot be condoned is the fact that her lace work, a symbol of domestic virtue, also goes unattended. [2] Finally, the hourglass that props open the book and the extinguished candle in the niche are symbols of the transience of life. Since life is fleeting, the shirking of responsibilities signifies an unfulfilled existence in the eyes of both man and God. [3]

The message in the Washington painting is less explicit than in the examples from London and Brussels because the iconographic elements have been greatly reduced. Still, the underlying theme is clearly the same. The woman assumes the same pose of sloth; the only accessories, other than the Bible and her spectacles, are the keys hanging on the wall. Traditionally, keys suggest responsibility; left unattended, they indicate her failure to uphold her duties. Keys, however, have many metaphorical associations, among them, by association with the keys of Saint Peter, entry into heaven. Because a key also hangs on the back wall in the Brussels painting, in which themes of sloth and transience of life are both present, the keys here may likewise carry such dual symbolism. Falling asleep over one's Bible is not a means for discovering the keys to heaven. Indeed, in another metaphorical sense of the work, the Bible provides us with keys for understanding life and guiding our salvation; as it lies unread, these keys are therefore neglected. Similarly, spectacles, which serve to improve vision and sharpen our awareness, are effective only when used properly. An old Dutch proverb reads: "What good is the candle or eyeglasses if the owl does not want to see." [4] The devotion with which the woman in a Maes painting in the Worcester Art Museum prays [fig. 3], with her awareness of the transience of life evident in the skull and hourglass on the table before her, is a far more positive exemplar than that seen in either the Brussels or Washington paintings. [5]

Although An Old Woman Dozing over a Book is not dated, it must be from around 1655, when the influence of Rembrandt van Rijn (Dutch, 1606 - 1669) on Maes' style was still strong. The broad touch, the dark palette with the deep reds of the tablecloth, and the strong chiaroscuro lighting are comparable to effects found in Rembrandt's paintings from the mid-1640s.

The moralizing character that is so predominant in Maes' genre paintings of the mid-1650s, however, has no direct prototype in Rembrandt's paintings or in those of his other pupils and followers from the late 1640s and early 1650s, when Maes was in Amsterdam. Indeed, depictions by Rembrandt and his school of old women actively reading inevitably invoked the sitter's pious nature. [6] Maes' moralizing...
images were made after his return to Dordrecht and after his marriage to the widow of a preacher in January 1654. Dordrecht had a strong Calvinist tradition, and themes that stressed moral responsibility may have had a ready market.

Many of the props Maes used in this work reappear in other paintings from this period. So too does the model, who is in both the Brussels and the Worcester paintings, [7] and in the latter wears the identical striped headdress as here. [8] Although the identity of the model is not known, she was in all probability a relative. One wonders if Maes followed Rembrandt’s example and used his mother for his representations of old women in these strongly didactic works.

Arthur K. Wheelock Jr.
April 24, 2014

COMPARATIVE FIGURES

fig. 2 Nicolaes Maes, An Old Woman Asleep before a Bible, c. 1655, oil on canvas, Royal Museums of Fine Arts of Belgium, Brussels. © Royal Museums of Fine Arts of Belgium, Brussels; Photo: J. Geleyns / Ro scan
fig. 3 Nicolaes Maes, *An Old Woman Praying*, c. 1655, oil on canvas, Worcester Art Museum, Massachusetts

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NOTES


[4] Heinrich Schwarz and Volker Plagemann, “Eule,” in *Reallexikon zur*
TECHNICAL SUMMARY

The support, a medium-weight, plain-woven fabric, has been lined with the tacking margins trimmed. Cusping visible along all edges indicates the original dimensions have been retained. A smooth off-white ground application was followed by a dark imprimatura layer, applied overall and incorporated into the background.
Paint was applied thinly in all but the flesh tones with low impasto in light passages and transparent glazing in the darks. Wet-into-wet blending softens the edges of the controlled brushstrokes.

There is a long horizontal tear across the book and some abrasion along the proper left side of the sitter’s face and in the sitter’s proper right hand. In a restoration that occurred prior to acquisition, the sitter’s proper left hand and eye were heavily and awkwardly overpainted.[1] The painting was treated in 2000 to remove the overpaint and discolored varnish. The abrasion was also inpainted at that time.

[1] The paint in these areas was analyzed by the NGA Painting Conservation and Scientific Research departments using cross-sections and air-path X-ray Fluorescence Spectroscopy to determine that it was not original (see reports dated May 3, 2000, and August 15, 2000, in NGA Conservation department files).

PROVENANCE


[1] The early provenance of the painting, through 1833, was kindly provided by Burton B. Fredericksen in a letter to Arthur Wheelock, dated 18 December 2002, in NGA curatorial files. Marivault’s collection was offered for sale en bloc in January
1806; concerning this exhibition/sale, and the June 1806 sale and confusion surrounding its dates, see also Burton B. Fredericksen and Benjamin Peronnet, eds., Répertoire des tableaux vendus en France au XIXe siècle, one volume in two parts, Los Angeles, 1998: pt. 1:32-33, 35-36, cats. 96 and 109. William W. Robinson, in a letter to Arthur Wheelock of 12 March 1996 (in NGA curatorial files), noted a sale record in the Rijksbureau voor Kunsthistorische Documentatie (RKD), The Hague, that gives the dates as 10-11 June 1809. However, the description of lot number 29 is identical to the description in the 1806 catalogue, so the 1809 date is likely in error. Frits Lugt (Répertoire des catalogues de ventes publiques, 4 vols., The Hague, 1938-1964: vol. 1) cross-references three sales to each other—Lugt numbers 6281, 7604, and 8017—that all likely refer to the 1806 sale, which is Lugt number 7119.


[3] As Fredericksen points out in his letter (see note 1), the paintings in this sale are described as having been "just imported from France," but the description is brief and the dimensions are not given, so the painting's identity is uncertain.


[6] N.B. Hersloff, then resident in Pinehurst, North Carolina, wrote to Duveen Brothers, Inc. on 15 November 1930 to ask if the dealer would be interested in buying the painting. He was told, however, in letter of 20 November 1930, that the firm did not buy works by the artist. (Duveen Brothers Records, accession number 960015, Research Library, Getty Research Institute, Los Angeles: reel 321, box 466,
[7] On 7 April 1933 the picture was received by Knoedler, on consignment from "H. B. Hersloff, Compania De Trafico Y Formento" (no address given, transaction no. CA 513 in the stockbook). It was returned to the consigner on 8 May 1934, but returned again in January 1935 (transaction CA 768, again from "H.B. Hersloff"). However, the painting is listed in the 1935 Knoedler exhibition catalogue as having come from the collection of "Nils B. Hersloff, Esq.," rather than "H.B.," as was entered in the normally reliable Knoedler stockbooks. (The stockbook information was kindly provided by Nancy C. Little, librarian at M. Knoedler & Co., New York).

EXHIBITION HISTORY

1900 Autumn Exhibition, Victoria Art Gallery, Bath, 1900, no. 41.


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